### **X** 2018 | 2019



# PRODUCT CATALOG





# ØYOL:

At Yoli, our mission is to transform lives, and it means the world to us. Everything we do is designed to empower you to take control of your health so you can look and feel your best every single day.

That's why each Yoli product is created to give you the nutrients you need to optimize your health. From the whey protein in our shakes to the superfruit blends in our drinks, you can rest easy knowing that you're giving your body essential nutrients from the highest-quality sources.

Of course, while all Yoli products are great individually, they're even better when they work together. Our products are designed to work synergistically with a focus on weight management, pH balance, immune support, total nutrition, energy, and sports performance. No matter what your health goals are, Yoli products will work together to help you reach them.

As you go through this catalog, think about your personal health goals and keep an eye out for the products that will help you reach them. Start getting excited—your journey to optimal health starts now!



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### TRANSFORMATION KIT

Black Raspberry, 50/50 YES, Canister Transformation Kit shown.

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# WEIGHT LOSS

Reaching and maintaining a healthy weight for your body is a key part of optimal health, and the Transformation Kit is the perfect way to do it. These kits are specially designed to promote a healthy body pH, enhance your digestive health, provide essential nutrients, and boost your metabolism, all of which contribute to optimal health. Yoli Transformation Kits have helped thousands of people quickly lose weight, enhance their physical energy, and improve their health.

First-time Better Body System users reported an average weight loss of almost 16 POUNDS!



**RETAIL** \$340 **CV** 200

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





### RESOLVE

Strengthen your willpower to transform your life and manage your weight with Yoli's Resolve. Resolve uses PhytoFiber™, a proprietary blend of powerful plant-based ingredients including glucomannan, apple cider vinegar powder, apple fiber, and more to promote a feeling of fullness and support weight management. It's the ideal way to feel satisfied while you work toward your physical transformation!\*

CAPSULES (1 - 60 ct. bottle) WHOLESALE \$29.97 RETAIL \$35 CV 25

### DREAM

Sleep impacts the hormones that control hunger and feelings of fullness, so it plays a big role in weight management. Get the sleep you need to maintain a healthy weight with safe, non-habit-forming Dream. Dream uses nutrients such as melatonin and valerian root to promote restful sleep so you can feel your best on a daily basis.\*

- SUPPORTS RESTFUL SLEEP\*
- ✓ NON-HABIT-FORMING\*





CAPSULES (1 - 60 ct. bottle) WHOLESALE \$32.97 RETAIL \$40 CV 25

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.









## رر Veronica

### "I LOST 70 LBS. AND 60 INCHES ON THE BETTER BODY SYSTEM!

I still have to pinch myself because I can't believe it. Who knew a little green and white box could change my life in so many ways? I am so very thankful, grateful, and blessed by this company. Yoli really does transform lives physically, emotionally, and financially, and I am living proof!"

### LEAN GREENS

Lean Greens uses thirty fruits and vegetables, including a powerful blend of alkaline greens, to help you maintain a healthy body pH.\*

### CONTAINS 30 DIFFERENT FRUITS AND VEGETABLES HELPS SUPPORT A HEALTHY BODY PH\*



### ALKALETE™

Alkalete helps support a healthy body pH by using mineral salts of calcium, potassium, and magnesium to reduce excess dietary acidic load.\*

PROMOTES A HEALTHY BODY PH\*
 SUPPORTS EXERCISE RECOVERY\*

# PH BALANCE

Maintaining a healthy body pH is an important part of transforming your life physically. The typical western diet and lifestyle can make it hard to maintain a healthy balance, so these products will give you the nutrients you need to promote a healthy body pH and work toward optimal health!\*



CAPSULES (1 – 60 ct. bottle) WHOLESALE \$31.97 RETAIL \$35 CV 25

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### PURE

Did you know that in addition to probiotics, Pure contains an alkaline blend of fiber, enzymes, and nutrients called Alkasure?

See pg. 14



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any disease.







### ALKALETE™

Give your body what it needs to better handle the demands of daily living with Alkalete. Alkalete is a powerful alkaline blend that is designed to help your body maintain a healthy pH. It does so using potent mineral compounds of calcium, potassium, and magnesium, which help reduce excess dietary acidic load. And because these ingredients are gradually released through a patented time-release delivery system for maximum effectiveness, they'll provide improved nutrient availability throughout your busy day!\*

CAPSULES (1 - 60 ct. bottle) WHOLESALE \$31.97 RETAIL \$35 CV 25

# IMMUNE SUPPORT

Your immune system is your body's first line of defense against disease and infection, so it's important to take care of it. These products will provide you with the nutrients you need to support your immune system so you can maintain your good health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAPSULES (1 - 60 ct. bottle) WHOLESALE \$31.97 RETAIL \$35 CV 25



### PURE

The healthy bacteria in your gut play a significant role in your immune response, and Pure is the perfect way to boost your probiotic intake and support your immune system.\*

## TRUTH

VYOL:

Truth Antioxidant Health

> Supports immune function\* Promotes healthy antioxidant levels\*

Truth uses superfruits, botanicals, minerals, and enzymes to provide antioxidants, support your immune system, and protect your health from oxidative stress.\*



PACKETS (1-35 ct. Box) WHOLESALE \$34.97 RETAIL \$40 CV 25



CAPSULES (1 - 60 ct. bottle) WHOLESALE \$34.97 RETAIL \$40 CV 25

### DEFEND

Defend uses powerful immune-boosting ingredients including Echinacea, fungal polysaccharides, and bee propolis extract to aid in your immune response and boost your defenses at the cellular level.\*

















\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.













### PURE

Did you know that your body has more bacteria than it has cells? While many people think of bacteria as a bad thing, there are a lot of beneficial bacteria. They're called probiotics, and they're a key part of your health.

Probiotics exist naturally in your body, but you can supplement your probiotic levels with Pure. This unique blend of probiotics and fiber supports gastrointestinal health by promoting a healthy blend of bacteria in your digestive tract. Powered by GanedenBC30<sup>™</sup>, the probiotic Bacillus coagulans, and a unique blend of fiber, enzymes, and nutrients called Alkasure, Pure is the perfect way to supplement your probiotic intake as you work toward optimal health.\*

CAPSULES (1 - 60 ct. bottle) WHOLESALE \$31.97 RETAIL \$35 CV 25

## ENZYME

Get the most out of your healthy diet with Enzyme. Enzyme helps break down protein, carbohydrates, sugars, and fats into more absorbable compounds for enhanced digestive efficiency and improved nutrient absorption.\*

PROMOTES DIGESTIVE EFFICIENCY\*

 HELPS MAINTAIN A HEALTHY DIGESTIVE TRACT\*

> CAPSULES (1 – 60 ct. bottle) WHOLESALE \$29.97 RETAIL \$35 CV 25



TABLETS (1 – 60 ct. bottle) WHOLESALE \$32.97 RETAIL \$40 CV 25

OYOL:

Enzyme

### VITAMIN

Just two tablets of Yoli's Vitamin offer your full daily requirement of several essential vitamins, including vitamins A, C, D, and E, as well as thiamin, riboflavin, folate, and more.\*

- ✓ HELPS FULFILL DAILY VITAMIN NEEDS\*
- ✓ SUPPORTS ESSENTIAL BODY FUNCTIONS\*
- ✓ PROMOTES OVERALL WELLBEING\*

## TOTAL NUTRITION

Your body needs a wide range of nutrients to function at its best. It can be difficult to get all of them from your food alone, so these products will help you get the essential nutrients you need to look and feel your best on a daily basis!

TABLETS (1 – 60 ct. bottle) WHOLESALE \$29.97 RETAIL \$35 CV 25



### MINERAL

With over fifty plant-sourced ingredients, Yoli's Mineral is the perfect way to get the minerals your body needs to promote healthy bones, teeth, and connective tissues.\*

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### OMEGAS

Get the omega-3 fatty acids you need to improve your body's response to inflammation and support your cardiovascular health with Yoli's daily fish oil supplement, Omegas.\* SOFTGELS (1 - 60 ct. bottle) WHOLESALE \$37.97 RETAIL \$43 CV 25



## رر Anthony

"I coach one-on-one clients and facilitate endurance events from 60 to 100+ people. I use Passion for a great boost in the morning and for my workouts. Fun and Alkalete have helped me with my recovery time, especially when I do obstacle course racing!

"SINCE I STARTED YOLI, I HAVE BEEN ABLE TO IMPACT MORE THAN 1,000 LIVES. In life, it's not about what you have. It's about the difference you make. God made us for a reason – to serve." ONLY CREA. INGRESULTS

## YES

A healthy, nutrient-dense diet is a great way to work toward optimal health, and when it comes to protein and other essential nutrients, quality is key. That's why we created the Yoli Essential Shake (YES)! It's designed to help you increase your protein intake and provide essential nutrients as you transform your life. With twelve grams of high-quality protein, YES will support healthy weight loss as part of the Transformation Kit and help you build and maintain your lean muscle mass.\*



YES is made with our own special blend of whey protein called PuraWhey<sup>™</sup>, which is minimally-processed and sourced from grass-fed cows that are not given hormones or antibiotics. For an added nutrient boost, YES also features a proprietary blend of fruits and vegetables called LeanImmune<sup>™</sup>. And most importantly, it's delicious!

### X CHOCOLATE & VANILLA

CANISTER (30 Servings) WHOLESALE \$75.97 RETAIL \$80 CV 50

VOU!

Yoli Essential Shake

Vanilla

Provides essential amine acids\* Builds Jean muscle mass\* Supports healthy weight loss as part of a Transformation Kit\*

90 12g 3

**PACKETS** (1-14 ct. Box) **WHOLESALE** \$37.97 **RETAIL** \$43 **CV** 25

- ✓ PROVIDES ESSENTIAL AMINO ACIDS\*
- ✓ BUILDS LEAN MUSCLE MASS\*
- SUPPORTS HEALTHY WEIGHT LOSS AS PART OF A TRANSFORMATION KIT\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## PASSION

Fuel up for your workouts with Passion. Passion is powered by natural source caffeine and B vitamins, and because it's sweetened with stevia rather than sugar, it's a perfect preworkout supplement.\*

## ALKALETE

Give your body the nutrients it needs for optimal recovery with Alkalete. Alkalete uses an alkaline blend of electrolytes to promote a healthy body pH and support your exercise recovery.\*

WYOL:

Passion

Tropical Me

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CANISTERS (90 Servings) WHOLESALE \$69.97 RETAIL \$75 CV 50

PACKETS (1-35 ct. Box) WHOLESALE \$34.97 RETAIL \$40 CV 25

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

> CAPSULES (1 - 60 ct. bottle) WHOLESALE \$31.97 RETAIL \$35 CV 25

@YOU

Alkalete

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FUN

Achieve peak performance and faster exercise recovery with Fun. With Alkalete to promote a healthy body pH, electrolytes for optimal hydration, and a 2:1:1 blend of BCAAs, Fun is ideal during and after your workouts.\*

SUPPORTS ELECTROLYTE REPLACEMENT DURING & AFTER EXERCISE\*
 SUPPORTS EXERCISE RECOVERY\*

# SPORTS PERFORMANCE

Whether you're a full-time athlete, a weekend warrior, or someone who simply enjoys being physically active, it's important to give your body what it needs for peak performance. These products will provide the essential nutrients you need before, during, and after your workouts so you can take your fitness to the next level.\*



PACKETS (1-35 ct. Box) WHOLESALE \$34.97 RETAIL \$40 CV 25

CANISTER (90 Servings) WHOLESALE \$69.97 RETAIL \$75 CV 50

CAPSULES (1 - 60 ct. bottle) WHOLESALE \$34.97 RETAIL \$40 CV 25

### FLEX

VYOL:

Flex

Taking care of your joint health is a key part of your athletic performance. Use Flex to give your joints essential nutrients for healthy cartilage and reduced wear and tear so you can perform at your best.\*

REDUCES WEAR AND TEAR ON JOINTS\*
 SUPPORTS BONE AND TISSUE STRENGTH\*



YES After a workout, get the highquality protein you need to build and maintain lean muscle mass with YES.

See pg. 20



## ہ، Wendy

"I used to be 227.8 lbs. of misery. I pretended to feel pretty and happy on the outside, but I was crying on the inside.

### "YOLI TRULY HAS GIVEN ME MY LIFE BACK! I LOST A TOTAL OF 68 LBS. AND 48 INCHES. I love my body, work in progress that I am, and I no longer fake a smile because I'm on top of the world! Thanks to Yoli I am doing more things than I ever dreamt possible."



### PASSION

Passion is a delicious drink that uses natural source caffeine, B vitamins, and a proprietary blend of energy-enhancing ingredients called Thermo- $G^{M}$  to give you the energy you need to feel your best on even the busiest of days.\*

CANISTERS (90 Servings) WHOLESALE \$69.97 RETAIL \$75 CV 50 PACKETS (1-35 ct. Box) WHOLESALE \$34.97 RETAIL \$40 CV 25





\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### VITAMIN

Vitamin features B vitamins to help you feel energetic throughout the day.

See pg. 15

### ENERGY ×

Most of us could use a little more energy to feel our best on a daily basis. These products will help you get the healthy, long-lasting energy you need to conquer every day head-on.\*

VYOL:

Thermo Burn



CAPSULES (1 - 60 ct. bottle) WHOLESALE \$34.97 RETAIL \$40 CV 25

### THERMO BURN

With a unique blend of natural source caffeine and raspberry ketones in a convenient capsule form, Thermo Burn is the perfect energy supplement for your on-the-go lifestyle.\*

- STIMULATES METABOLIC ACTIVITY\*
- ✓ PROMOTES ENDURANCE AND STAMINA\*

### PASSION

Get the energy you need to do the things you love with Passion! Passion is a high-quality energy supplement that uses a combination of natural source caffeine, B vitamins, and a proprietary blend of energy-enhancing ingredients called Thermo-G<sup>™</sup> to give you the energy you need to thrive.

In addition to boosting your energy, Passion promotes endurance and stamina, improves mental alertness, and stimulates metabolic activity. It's also low in calories and sweetened with stevia, so it's the perfect way to feel more alert and energetic as you go about your day.\*



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### STRAWBERRY KIWI / TROPICAL MELON × BLACK RASPBERRY / GRAPE AÇAI / BERRY



CANISTERS (90 Servings) WHOLESALE \$69.97 RETAIL \$75 CV 50 PACKETS (1-35 ct. Box) WHOLESALE \$34.97 RETAIL \$40 CV 25

# × LIFESTYLE KITS × I THE ALKALINITY KIT

The Alkalinity Kit is designed to help you maintain a healthy body pH longterm. Along with the meal plan, the products in the Alkalinity Kit will help give you the nutrients you need for optimal pH balance.\*



### THE ENERGY KIT

The Energy Kit is the perfect way to optimize your lifestyle for long-term, sustainable energy. The products in the Energy Kit, combined with the specially-designed meal plan, will help give you the energy you need to tackle every day head-on!\*



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Optimal health is a lifelong journey, and our Lifestyle Kits are the perfect way to work toward your goals long-term. Each Lifestyle Kit comes with specially chosen Yoli products and a customizable meal plan designed to help you transform your life and work toward your personal health goals.

## THE WEIGHT MANAGEMENT KIT

The Weight Management Kit is designed to help you maintain a healthy weight for your body. The products and the meal plan in the Weight Management Kit will give you the essential nutrients to continue your physical transformation and feel great long-term.\*



### CREATE-YOUR-OWN KIT

Have a different goal in mind? With the Create-Your-Own Lifestyle Kit, you can choose your Yoli products, craft your own meal plan to make your health goals a reality, and enjoy a 10% discount!

All you have to do is make sure you meet the minimum 175 CV requirement, and you'll be on your way toward making your unique health goals a reality!





## ہ، Jennifer

"Yoli came into my life in April of 2016 at a time when I was lost, angry, sad, confused, and fearful. I was at my heaviest weight–258 pounds. I was totally blown away with how effective the program was. The meal plan was easy, but more than that: I was feeling so much better, my mood changed, my outlook on life was more positive, and I was hopeful again.

### "FAST FORWARD A LITTLE OVER 2 YEARS LATER, I HAVE MAINTAINED A 98 POUND WEIGHT LOSS,

I am more active, I am running, and I am currently training for my first marathon. I feel honestly like I'm 32, not 52."



## ALKALETE

### Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving

% Daily Value

Alkalete<sup>™</sup> Blend 1 g<sup>°</sup> Calcium carbonate, potassium hydroxide, potassium chloride, dicalcium phosphate, tricalcium phosphate, magnesium hydroxide

"Daily Value not established.

Other Ingredients: Magnesium stearate, silicon dioxide, vegetable cellulose.

### FLEX

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Serving Size: 2 Capsules Servings per Container: 30

Amount Per Serving	% Daily Valu
Vitamin K-2 (as menaquinone) 90 mcg	102

Calcium 50 mg 6%

(as calcium citrate, calcium malate, and calcium citrate malate)

Limber-C<sup>\*\*</sup> Blend 150 mg\*\* Collagen Chicken Type II, Glucosamine Sulfate potassium chloride, Chondroitin Sulfate, N-Acetyl D-Glucosamine Powder (NAG), Sodium Hyaluronic Acid, Bamboo (source of silica)

Mobiliflex<sup>™</sup> Blend 286 mg\*\* Bromelain, Boswellia serrata resin, L-Leucine, Rutin, Hesperidin, Citrus Bioflavonoids, Ginger root extract, Trypsin, Apple Polyphenols extract (fruit & peel), Devils Claw root extract <sup>1</sup>Percentage Daily Values based on a 2,000 calorie diet. \*\*Daily Value not established.

Other Ingredients: Vegetable cellulose. Contains: shellfish (crab, shrimp).

## DEFEND

#### Supplement Facts

Serving Size: 2 Capsules Servings per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (100% as beta carotene)	5,000 IU 100%
Vitamin C (as ascorbic acid)	92 mg 153%
Vitamin D (as cholecalciferol, ergocalciferol)	90 IU 23%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU 333%
Zinc (as zinc amino acid chelate)	15mg 100%
Selenium (as selenium amino acid chelate)	25 mcg 36%

FortImmune-12<sup>™</sup> 1085 mg<sup>++</sup> Bovine Colostrum, Holy Basil (leaf) extract, Maitake mushroom, Astragalus (root), Turmeric (root) extract, Bee Propolis extract, Papaya (fruit) extract, Echinacea angustifolia (leaf), Shitake mushroom, Rieshi mushroom, Enokitake (Flammulina velutipes) mushroom, Suehirotake (Ganoderma lucidum) mushroom

Percentage Daily Values based on a 2,000 calorie diet.
Daily Value not established.

Other Ingredients: Gelatin Capsule (gelatin, water), Dicalcium Phosphate, Magnesium Stearate, Silicon Dioxide.

FUN

### 1997 - 19

Supplement Facts Serving Size: 1 Packet (4.5 g)

Potassium 80 mg

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Amount Per Serving	% Daily Value
Calories 10	-9
Total Carbohydrate 3 g	1%"
Sodium 17 mg	>1%
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Alkalete<sup>™</sup> Blend 333 mg<sup>+</sup> Calcium carbonate, potassium hydroxide, potassium chloride, magnesium hydroxide

Enduramin<sup>™</sup> Blend 1150 mg<sup>+</sup> Sodium citrate, potassium gluconate, I-glutamine, branched chain amino acids 2:1:1 blend (leucine, isoleucine, valine), magnesium hydroxide, potassium chloride, sodium chloride

\*\*Percent Daily Values based on a 2,000 calorie diet. <sup>†</sup> Daily Value not established.

Other Ingredients: Citric acid, maltodextrin, stevia Reb A (leaf), silicon dioxide, natural flavor, chlorphyll, beta carotene, caramel powder.

### DREAM

### Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Val
Biotin 200 mcg	

67%

ue†

Melatonin 2 mg	
5-HTP (5-hydroxytryptophan) 20 mg	

Z-Rest<sup>™</sup> Blend 978 mg<sup>\*\*</sup> Valerian (root), acetyl L-carnitine HCI, alpha lipoic acid, L-theanine, milk thistle (seed), lemon balm (herb), GABA (gamma-aminobutyric acid), lingonberry (fruit) extract, astaxanthin, N-acetyl L-cysteine

<sup>†</sup> Percentage Daily Values based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Other Ingredients**: Vegetable cellulose, vanilla flavor extract.

## ENZYME

### Supplement Facts Serving Size: 1 Capsule Servings Per Container: 60

Amount Per Serving

% Daily Value

Protizorb<sup>™</sup> Blend 51 mg\*\* Protease,

bromelain, papain

Ultizorb<sup>\*\*</sup> Blend 120 mg\*\* Lactase, amylase, glucoamylase, alpha-galactosidase, lipase, peptidase, invertase.

\*\*Daily Value not established.

**Other Ingredients**: Vegetable cellulose, vanilla flavor.

## LEAN GREENS

### Supplement Facts

Serving Size: 1 Scoop (4.5g) Servings Per Container: 90

Total Carbohydrate 3 g     Zinc       Dietary Fiber 1 g     Cop       Protein 1 g     Man       Vitamin C (as ascorbic acid) 15mg 17%     Chroc	nesium 6 mg 0.04 mg ber 0.009 mg	2% <1%
Dietary Fiber 1 g         Cop           Protein 1 g         Man           Vitamin C (as ascorbic acid) 15mg 17%         Chros	5	<1%
Protein 1 g Man Vitamin C (as ascorbic acid) 15mg 17% Chro	or 0.000 mg	
Vitamin C (as ascorbic acid) 15mg 17% Chro	ber 0.009 mg	1%
	ganese 0.1 mg	4%
Vitamin D. O. mcg	mium 2.3 mcg	7%
vital fill b o filog	bdenum 1.5 mcg	3%
Riboflavin 1.2 mg 88% Sodi	um 20 mg	1%
Niacin 0.5 mg 3% Pota	ssium 19 mg	<1%
Vitamin B60. 8 mg 45% Bord	n 9.5 mcg	2000
Calcium 8 mg 1% Nick	el 2.1 mcg	1. 1. 1. 1.
Iron 1mg 5% Vana		

AlkaPhyte<sup>™</sup>2,668 mg<sup>™</sup>: Wheat Grass Powder, Spirulina Powder, Barley Grass Powder, Chlorelle Powder, Parsley Powder, Broccoli Powder, Spinach Powder, Kale Powder, Green Tea Extract Powder, Cabbage Powder.

NutriPhyll" Blend 173 mg<sup>-1</sup>: Fruit Blend (Beet Root Powder, Red Raspberry Powder, Cranberry Powder, Strawberry Powder, Carrot Powder, Blueberry Powder, Pomegranate Powder, Acai Powder, Blackberry Powder, Cherry Powder, Banana Powder, Pinaspole Powder, Mango Powder, Papaya Powder, Watermeion Powder, Apple Powder, Paer Powder, Pinato Powder, Acarola Powder, Ashwagandha (Withama sommilera) Root Powderw, Pea Fiber.

<sup>1</sup>Percent Daily Values based on a 2,000 calorie diet. \*\*Daily Value not established.

Other Ingredients: Inulin, Natural Flavors, Citric Acid, Stevia, Tapioca Maltodextrin, Guar Gum, Sunflower Lecithin.

## MINERAL

Supplement Facts Serving Size: 2 Tablets Servings Per Container: 30	
Amount Per Serving Control Con	Value
Calcium (as calcium chelate, calcium citrate) 100 mg	10%
lodine (from kelp) 150 mcg	100%
Magnesium (as magnesium chelate, magnesium citrate) 130 mg	33%
Zinc (as zinc chelate, zinc citrate) 15 mg	100%
Selenium (as selenium chelate, I-selenomethionine) 10 mcg.	14%
Copper (as copper chelate, copper gluconate) 0.5 mg	25%
Manganese (as manganese chelate, manganese gluconate) 2.5 mg	125%
Chromium (as chromium chelate, chromium picolinate) 150 mcg	125%
Molybdenum (as molybdenum chelate, molybdenum citrate) 30 mcg	40%
Plantramin <sup>™</sup> Proprietary Blend 202 mg <sup>™</sup> Plant-derived hydrophillic mineral powder <sup>3</sup> , silicon (as silicon acid complex), boron (as boron citrate complex), vanadium (as vanadium chel vanadium citrate)	ate,
<sup>†</sup> Percentage Daily Values based on a 2,000 calorie diet. ** Daily Value not established.	
Other Ingredients: microcrystalline cellulose, pregelatinized s croscarmellose sodium, vanilla flavor extract.	tarch,
<sup>§</sup> Plant-Derived Hydrophilic Mineral Powder contains a natural combination of trace minerals found in plants.	

## OMEGAS

Serving Size: 2 Softgels Servings per Container: 30	
Amount Per Serving	% Daily Value <sup>†</sup>
Calories 20	- HILL
Total Fat 2 g	2%†
Vitamin D3 (cholecalciferol) 5	5 μ (200 IU) 26%
Fish Oil 1532 mg	**
Total Omega-3 1072 mg	**
EPA (Eicosapentaenoic Acid)	642 mg **
DHA (Docosahexaenoic Acid)	430 mg **
<sup>t</sup> Percentage Daily Values ba calorie diet.	sed on a 2,000
** Daily Value not established	

### (Berry Shown) PASSION

Supplement Facts Serving Size: 1 Packet (4.5 g) Servings Per Container: 35	Can and a second
Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate 4 g	1%
Vitamin C (as calcium ascorbate) 50 mg	83%
Thiamin (as thiamine mononitrate) 1 mg	67%
Riboflavin 2 mg	118%
Niacin (as niacinamide) 40 mg	200%
Vitamin B6 (as pyridoxine hydrochloride) 15 mg	750%
Vitamin B12 (as cyanocobalamin) 30 mcg	500%
Pantothenic acid (as d-calcium pantothenate) 50 mg	500%

Thermo-G<sup>™</sup> Blend 615 mg<sup>+</sup> Choline bitartrate, green tea (leaf) extract, Cissus quadrangularis (aerials) extract, Gamma-Aminobutyric Acid (GABA), Irvingia gabonensis (seed) extract, pomegranate fruit extract, strawberry fruit, acai (Euterpe oleracea) fruit 4:1 extract, guarana (seed) extract, olive (leaf), yerba mate (leaf) extract

\*\*Percent Daily Values based on a 2,000 calorie diet. <sup>†</sup>Daily Value not established.

Other Ingredients: Xylitol, natural flavors, erythritol, citric acid, malic acid, stevia Reb A (leaf), berry coloring, silicon dioxide.

**Contains**: 110 mg natural source caffeine from green tea leaf extract, guarana seed extract, yerba mate leaf extract. Contains: milk.

## THERMO BURN

### Supplement Facts

fish (anchovy, tilapia).

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value <sup>†</sup>
Vitamin C (as calcium ascorbate) 5 mg	8%
Thiamin (as thiamine mononitrate) 1 mg	67%
Riboflavin 2 mg	118%
Niacin (as niacinamide) 40 mg	200%
Vitamin B6 (as pyridoxine hydrochloride) 15 mg	750%
Vitamin B12 (as cyanocobalamin) 10 mcg	167%
Pantothenic acid (as d-calcium pantothenate) 50	mg 500%
Zinc (as zinc monomethionine) 0.3 mg	2%
Thermo-G <sup>**</sup> Blend 460 mg <sup>**</sup> Green tea leaf ext Gamma-Aminobutyric Acid (GABA), pomegranate gabonensis (seed), Cissus quadrangularis (leaf), a goca) finit 4-1 extract olive leaf ourarana (seed) c	fruit, Irvingia cai (Euterpe oler-

<sup>†</sup> Percentage Daily Values based on a 2,000 calorie diet. \*\*Daily Value not established.

**Other Ingredients**: L-carnitine tartrate, raspberry ketones, fucoxanthin, vegetable cellulose.

Contains: 110 mg natural source caffeine from green tea leaf extract, guarana seed, yerba mate.

## TRUTH

### Supplement Facts

Amount Day Coming	
Servings Per Container: 35	
Serving Size: 1 Packet (4.5 g)	

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate 4 g	1%†
Dietary Fiber 1 g	4% <sup>†</sup>
Vitamin C (as calcium ascorbate) 66 mg	110%
Calcium (from calcium ascorbate and calcium carbo	nate)16 mg 2%
Botanimmune <sup>™</sup> Blend 726 mg Pomegranate fruit extract, acai (Euterpe oleracea extract, camu camu fruit extract, amla fruit extra fruit extract, Lycium (goji extract) berry, OxyPhyte leaf extract, Indian kino tree wood extract (5% p Japanese Knotweed root extract 95% Trans-Res	e® White Tea terostilbene),
ActiZorb <sup>™</sup> Blend 34 mg Calcium carbonate, potassium hydroxide, potas magnesium hydroxide, lactobacillus acidophilus	
<sup>†</sup> Percent Daily Values based on a 2,000 calorie diet **Daily Value not established.	
Other Ingradiante: Vulital maltadaytrin citric acid	stevia (leaf extract)

Other Ingredients: Xylitol, maltodextrin, citric acid, stevia (leaf extract) natural flavor, silicone dioxide, beta carotene (for color). Contains milk.

## PURE

### Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving % Daily V	
Total Carbohydrate 1 g	<1%
Dietary Fiber 1 g	4%
Magnesium 300 mg(as magnesium oxide)	

Alkasure<sup>™</sup> Blend 1,010 mg<sup>™</sup> Prebiotic tapioca fiber, citric acid, milk thistle seed, protease, dried plum, cranberry, lactase, amylase

Bacillus coagulans 600 million CFUs<sup>‡</sup> GBI-30, 6086 probiotic

<sup>+</sup> Percentage Daily Values based on a 2,000 calorie diet.

\*\*Daily Value not established. <sup>‡</sup>At time of manufacturing.

Other Ingredients: Vegetable cellulose.

## VITAMIN

### Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 30

Amount Per Serving % D	aily Value <sup>+</sup>
Vitamin A (as beta carotene) 5,000 IU	100%
Vitamin C (as ascorbic acid) 500 mg	833%
Vitamin D (as cholecalciferol) 1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate, natural mixed tocopherols) 105 IU	350%
Vitamin K (as menaquinone) 60 mcg	75%
Thiamin (as thiamine mononitrate) 14 mg	933%
Riboflavin 14 mg	824%
Niacin (as niacinamide) 20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride) 16 mg	800%
Folate (folic acid) 500 mcg	125%
Vitamin B12 (as cyanocobalamin) 100 mcg	1667%
Biotin 300 mcg	100%
Pantothenic acid (as d-calcium panothenate) 50 mg	500%

Plantiox<sup>\*\*</sup> Plant-Sourced Antioxidant Blend 280 mg<sup>\*\*</sup> Choline bitartrate, sour cherry (fruit), oitrus bioflavonoids, hesperidin complex, apple pectin, bilberry (fruit) extract, rutin, quercetin, cinnamon extract, trans-resvertatio, acelyt-1-camittine, alpha lipoic acid, gartic (bulb) extract, CoO10 (ubiquinone); pterostilbene, green tea (leaf) extract 25 mg<sup>\*</sup>, L-camosine 20 mg<sup>\*</sup>, olive (leaf) extract 15 mg<sup>\*</sup>, grape (seed) extract 10 mg<sup>\*</sup>, lutein 3 mg<sup>\*</sup>, lycopene 500 mg<sup>\*</sup>

Percentage Daily Values based on a 2,000 calorie diet.
 \*\* Daily Value not established.

Other Ingredients: microcrystalline cellulose, pregelatinized starch, croscarmellose sodium, magnesium stearate, vanilla flavor extract.

## RESOLVE

Supplement Facts Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving %

% Daily Value

PhytoFiber <sup>™</sup> Blend 1,135 mg<sup>™</sup> Glucomannan powder (Amorphophallus konjac), apple cider vinegar powder, organic apple fiber, cayenne fruit, cinnamon, taurine.

Daily Value not established.

Other Ingredients: Rice extract blend, vegetarian capsule (hypromellose)

### (Chocolate Shown) Y F S

### Supplement Facts

Serving Size: 1 Scoop (24 g) Servings Per Container: 30

Amount Per Serving	% Daily Value <sup>†</sup>
Calories 90	LAND
Total Fat 1.5 g	2%†
Saturated Fat 1 g	5% <sup>†</sup>
Cholesterol 35 mg	12%
Total Carbohydrate 9 g	3%†
Dietary Fiber 3 g	11%†
Total Sugars 2 g	
Protein 12 g	
Calcium 64 mg	5%
Sodium 75 mg	3%
Potassium 70 mg	1%
(Irvingia gabonensis) seed oleracea) fruit, Alfalfa (aeri	t (root), Olive (leaf), African Mango , Grape (seed) extract, Acai ( <i>Euterpe</i> als), Maqui (berry), Spinach (leaf), <i>leifera</i> (leaf), Winged Treebine ( <i>Cissus</i>
Bacillus coagulans 5 mg (74.5 million CFU's ‡)	*
+Percentage Daily Values base **Daily Value not established	d on a 2,000 calorie diet. . ‡ At time of manufacturing.
Other Ingredients: Purawh cocoa powder, xylitol, guar g	ey <sup>™</sup> native whey protein, inulin, natural flavors, um, stevia extract, luo han guo. Contains milk.

### READY TO START YOUR TRANSFORMATION?

Check out these resources for everything you need to be successful!



@BetterBodySystem

### OUR MISSION

Our mission to transform lives doesn't stop with Yoli Nation. Our charitable program, Yoli Give, provides us with the opportunity to reach out into our community and help those in need.

Through our partnership with the Make-A-Wish Foundation, Yoli Give is honored to help grant wishes for children with life-threatening medical conditions. Yoli Give fully sponsors dozens of wishes every year thanks to the generosity of Yoli Nation. Donate in your Team Office today and help make a child's wish come true!



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